

Written and adopted May 17th, 2017.

SECTION ONE ~ ADMINISTRATION

ARTICLE I

NAME

Mighty MO Youth Football

In allegiance with

NON – AFFILIATED AT THIS TIME

ARTICLE II

PURPOSE

BRINGING NEIGHBORING COMMUNITIES TOGETHER THROUGH THE
HARMONY OF
COMPITITION, SPORTSMANSHIP, AND LEARNINGS OF YOUTH FOOTBALL
AND CHEER.

ARTICLE III

JURISDICTION

IN AREAS OF NORTHWEST MISSOURI, WHICH CAN BE
ORGANIZED
REASONABLY TO PERFORM THE ABOVE PURPOSE OF THIS
LEAGUE.

ARTICLE IV

OFFICE

THE PRINCIPLE OFFICE ADDRESS OF THE LEAGUE SHALL
BE **PO Box 731 Lathrop, MO 64465.**

ARTICLE V

ADMINISTRATION

- This Association is being formed for charitable, educational, and scientific purposes.
- The League shall function as a 'Not for Profit' organization.
- No Officers or Directors shall participate in an issue(s) that could be considered a "conflict of issues" in any circumstance either presently or in the future.
- We are not a private foundation as defined under section 509a of the IRS code.
- All players will be required to play a minimum of six (6) plays per half as described by rule.
- The Board of Directors shall manage the business and affairs of the League.
- It shall be the responsibility of the League's Board of Directors, hereinafter referred to as "the Board", to assimilate, review, and incorporate rules and/or revisions into the League's Constitution.
- The Board shall operate in accordance with the rules and regulations of the MMYF and MSHSAA
- The Board shall establish local rules and regulations in harmony of philosophy and concept of the Mighty MO Youth Football and MSHSAA
- Each Town/Organization in "Good Standing" with the League shall be an equal partner and have only one vote on any issue no matter the number of members involved with the League.
- Any adult having contact with any participants of MMYF must submit to a Background Check. This may include but not limited to football coaches, cheer coaches, officials, Board of Directors, and anyone permitted on the field of play.
- If at any time, for any reason this League should fold, dissolve, or cease to exist any remaining assets will be donated in equal amounts to the athletic departments of the following Missouri Schools: **Lathrop, Cameron, Lawson, Braymer, Polo, Mid-Buch, Maysville, West Platte, Gallatin, Bethany, Hamilton, East Buch, Plattsburg and North Platte.**

ARTICLE VI

BOARD MEETINGS

- Regular meetings of the Board of Directors shall be held on the third Wednesday each month at 6:00 PM.

- Each Board member is required to attend all meetings. A Board member whom is absent, without excuse from the President, from two meetings in one year shall relinquish his/her position.
- Board members may attend a meeting by written proxies and shall be deemed as present for such meeting provided however, that no more than two proxies per year might be utilized.
- An individual Board member can only hold one proxy per meeting. A quorum of half plus one of the total number of Board of Directors must be present to conduct League business.
- Meetings will be conducted according to Parliamentary Procedure Rules adopted by the League.
- **A Board member shall be disqualified from voting on any issue in which he/she is a candidate for a Board position or any other situation that could be considered a “Conflict of Interest”.**

ARTICLE VII **BOARD OF DIRECTORS**

The Board of Directors shall be formed by each Town naming one person to be their Representative for the one-year term from January thru December. At any time, a Town/Organization may change their League Rep if need be but consistency through the year would be most ideal. The Officers of the Board shall consist of a President, Vice President, Secretary, Treasurer, and Athletic Director. No Officer or Representative shall receive compensation for such office, but may be reimbursed for out-of-pocket expenses made on behalf of the League as long as prior communication has been made with President and Treasurer before incurring cost on the League's behalf with proper receipt.

ARTICLE VIII **NOMINATIONS & ELECTION OF OFFICERS**

All Directors shall be present and prepared to represent their Town/Organization at the January Meeting. The Board from among its members will hold an election of Officers in January of each year. The installation of Officers shall be the first meeting in February. Terms of office will be one year.

ARTICLE IX **TRANSFER OF OFFICES**

Outgoing officers shall be prepared with procedures and all pertinent information to turn over to newly elected officers by the January election and newly elected officers

shall be ready to assume their responsibilities by February board meeting. Any officer may succeed him/her self.

ARTICLE X

DUTIES AND QUALIFICATIONS OF INDIVIDUAL OFFICERS

PRESIDENT

- The Board of Directors shall elect the President for a one-year term.
- The President shall be the Chief Executive Officer of the League, and shall in general, supervise and control all the business and affairs of the League.
- The President shall serve as chief spokesperson of the League, and has responsibility to provide for the operation of the entire League.
- The President shall preside at all meetings of the Board of Directors.
- The President may fill standing committees with the approval of the Board of Directors.
- The President shall, in conjunction with the Treasurer, develop a league budget for ensuing years, providing for the development and expansion of the League.
- The President shall chair all meetings according to the rules adopted by the Board.
- The President, throughout his or her term, shall be in constant communication with all League Reps and fellow Officers. All correspondence and other affairs of the League must be reported to the Board members at regular monthly board meetings.
- The President must furnish an annual calendar of events on a month-by-month basis and must provide an agenda for each regular Board meeting.

QUALIFICATIONS:

- Previous coaching or board experience is suggested but not necessary.
- Agree to develop a complete working knowledge of all local and international rules.
- Must be a firm, but fair disciplinarian, and not hesitate to use summary discipline when warranted.
- The President during the season should be at the fields on Saturdays during playing hours to assist in any disputes or discussions that may arise in reference to the League.

VICE PRESIDENT

- The Vice President shall be elected to the Board of Directors for a one-year term and shall perform duties as may be assigned by the President and the Board of Directors.

- In the event the President is absent or incapacitated, the Vice President shall perform the duties of the President.
- The Vice President shall review balanced bank statements and financial reports on a monthly basis, and initial them for permanent League records.
- The Vice President shall head the Coaches Evaluation Committee.
- The Vice President shall ascertain that adequate insurance coverage exists prior to the beginning of any practice or registration in which any participants might be participating.
- The Vice President shall develop a procedure and system to expedite insurance claims for participants.

SECRETARY

- The Board of Directors shall elect the Secretary for a one-year term.
- The Secretary shall record minutes of regular Board meetings and those special meetings that may be called from time to time.
- A copy of all Board Meeting Minutes shall be distributed to each Board member at the meeting.
- The Secretary shall perform such other responsibilities pertaining to secretarial duties that may be assigned by the President. (I.e. Association Directory, League wide correspondence, etc.)
- And collect trophy suggestions for a Board vote for the September Board Meeting.
- The Secretary must have access to a computer.

TREASURER

- The Board of Directors shall elect the Treasurer for a one-year term.
- The Treasurer shall perform the faithful discharge of his/her duties and shall have charge and custody of/and be responsible for all funds of the League.
- The Treasurer shall receive and give receipt for Monies due and payable from any source, and deposit all monies in the name of MMYF in such bank or the Board of Directors shall select other depositories. All records will be an accurate account of receipts and disbursements.
- The Treasurer shall furnish one copy of the League's monthly financial statement to each Board member at each regular meeting.
- The Treasurer shall bring with the monthly report the balance statement issued from the bank for the previous month.
- In coordination with the President, the Treasurer shall develop the League Budget for ensuing years.

- Disburses funds with the approval of the President and/or Board of Directors and, in general, shall perform all duties incident to the office of Treasurer or other duties that may be assigned by the President or the Board of Directors.
- The Treasurer shall pre-approve any and all purchases prior to funds being expended by MMYF to assure that funds are available for said purchases.

HEAD OF OFFICIATING

- The Board of Directors shall elect the Athletic Director for a one-year term.
- The Athletic Director shall study, develop, implement and supervise a program of procedures for all league officials.
- The Athletic Director shall schedule all officials for all games and shall take any actions necessary for all officiating situations.

ARTICLE XI

OTHER FISCAL MATTERS

The Board of Directors may authorize any officer(s) to enter into any contract or execute and deliver any instrument in the name of and behalf of MMYF, and such authority may be general or confined to specific instances.

No loans shall be contracted on behalf of MMYF, nor shall be issued in its name unless authorized by Resolution of the MMYF. All checks or other orders for the payment of money shall be issued in the name of MMYF, shall be signed by at least two officers in such manner as shall from time to time be determined by the Resolution of the MMYF.

ARTICLE XII

STANDING COMMITTEES

Executive Committee: The Executive Committee shall consist of the President, Vice President, Secretary and Treasurer. They shall have the authority to act on all matters on behalf of the League and report all actions taken at the next regular meeting of the Board of Directors. Other Committees may be a Coaches Evaluation, Scheduling, Athletic Director, Rules or any other deemed useful by the President or Board.

SECTION TWO ~ PARTICIPATION

TEAMS

Individual teams shall consist of coaches, players, cheerleaders, parents, and fans.

ARTICLE I

COACHES

COACHING STAFF

- May consist of no more than one Head Coach and four Assistant Coaches.
- A pre-season **MANDATORY** Coaches clinic must be attended by the Head Coach it will be held at the jamboree. You must attend to be qualified for playoff games.
- Only the five-person Coaching Staff and players on the Active Roster may be in the field area.
- At least one Coach on each staff must be Youth CPR certified.
- A Coach should be of unquestionable character. He/She should have the interest of the players of both teams at heart at all times.
- A Coach should put good sportsmanship above all else, as set forth in the 'Coaches Code of Ethics'.
- A Coach will refrain from the use of profanity and any physical contact.
- A Coach that violates the rules set forth in the current edition of the MMYF rules shall be dealt with according to procedures set forth by the MMYF Board.
- Any Coach ejected from a game will be ineligible to coach the next game. Upon a second ejection, the Board has the authority to permanently suspend the coach.
- All Football & Cheer Coaches must fill out a 'Mandatory Background Check' form and sign a 'Coaches Code of Ethics' or they will be declared ineligible.

HEAD COACHES

- A Head Coach must be at least 21 years of age.
- A Head Coach has signed a League coaching agreement and is responsible for his teams conduct at all **MMYF** functions.
- A Head Coach is to submit the names of his coaching staff and Business Manager for approval by the Board of Directors.
- A Head Coach is responsible for informing his team, coaches, and parents of the unsportsmanlike conduct rule, which reads, "Anyone can be penalized for unsportsmanlike conduct by the Referee." First offense is a 10-yard penalty. Second offense by the same individual is automatic ejection from the

football facility. If said individual does not leave immediately upon notice, his team will forfeit the game.

- Any Head Coach ejected from a game will be (at a minimum) ineligible for the next game and may face stricter penalties as deemed appropriate by the MMYF Board of Directors.
- A pre-season **MANDATORY** Coaches clinic must be attended by the Head Coach.

ASSISTANT COACHES

- The Assistant coach will carry out such duties as agreed upon between them and the Head Coach and must be 18 years of age or a senior in high school.
- An Assistant Coach will be in charge at practices when the Head Coach is unable to attend.
- The Assistant Coach and the Head Coach will work together harmoniously even when they might be in disagreement over philosophy or fundamentals.
- Any Assistant Coach ejected from a game will be (at a minimum) ineligible for the next game and may face stricter penalties as deemed appropriate by the MMYF Board of Directors.
- A pre-season **MANDATORY** Coaches clinic must be attended by the Head Coach and all Assistant Coaches of each team in order for the team to be qualified for any playoff games

PLAYERS & CHEERLEADERS

RESIDENCY ELIGIBILITY

Players shall play for the town they attend school in. If the town they attend school in does not have a MMYF program or any other recognized youth football league that the player qualifies to play for, the player's guardian may choose between the two geographically closest towns offering a MMYF program.

***Notwithstanding any other policy or provision of the MMYF's policies and in furtherance of the Board's intention that all eligible children wishing to participate in the playing of football or cheerleading be deemed eligible unless otherwise deemed ineligible under its rules and policies with the understanding that family units are sometimes divided by marital status, distance, schooling needs or other type situations and acknowledging that siblings whether direct or "stepbrother/sister" in name and function and in order to satisfy, encourage or maintain family stability, unity, and economic concerns, the MMYF may consider the below but not limited to criteria in determining eligibility for those who make application to play in the MMYF who otherwise do not meet the eligibility standards as provided for in its Rules and Regulations:

- Meet all other eligibility requirements not inconsistent with this policy;
- Have/has a sibling or step-sibling who is eligible to participate without utilizing this policy and who is or will be playing football for the MMYF in the current season; or
- Has moved to a town or city that would otherwise cause him/her to be ineligible but has played in the MMYF the prior season; or
- Whose parent or sibling/step-sibling is an active member of the coaching staff or Town Board and who is or will be issued a sideline pass allowing them to be on the sideline on game day. The parent and or sibling/step-sibling who are a member of the Coaching Staff or Town Board must live in the Town of the team he/she coaches or serves as a member of that Town Board. and who shall play on a team for the same Town as the sibling/step-sibling, Coach or Town Board member, but not necessarily at the same grade level; and
- Pays any and all fees otherwise due

A player who makes application under this policy shall first seek approval from the Town Board of the team involved. The Town Board shall use these criteria and other factors it deems necessary to approve or disapprove an application. If a Town Board approves a player and deems him/her eligible under this policy the Town Board shall forward that determination along with a **\$50 non-refundable application fee to the MMYF for a ratification hearing.** The Town Board shall state orally and/or in writing to the Board as a whole the factors it relied upon and reasoning thereon upon which it approved the application. The MMYF board shall use this policy, the facts/reasoning of the Town Board, league philosophy, goals, impact of decision, and any other factors the Board deems reasonably necessary in determining if it will ratify the Town Board's approval. The MMYF Board may not unreasonably withhold ratifications. It will be necessary to seek approval of the MMYF Board for an applicant under this policy before a child is to be added to a team's roster. **Deadline for this process is the July scheduling meeting. Which for the 2019 season that meeting is in July.**

An application under this policy will be determined on a case by case basis. Each applicant shall be considered on his or her application. Prior ratifications creating eligibility under this policy, the facts, rationale or decision, shall not serve as precedent in determining ratification of a Town Board's approval.

The MMYF Board members or officers shall not issue an advisory opinion prior to a Town Board's approval and subsequent request for ratification by the MMYF Board.

PLAYERS

- Players shall be divided into one of two Grade/Age classifications.
- The **Bantam Division** shall be for Players in the 3rd or 4th grade when school begins in the fall and is not yet 11 years old on September 1st. If a Player cannot qualify under the age limit they must play up in the next level. If need be 2nd

Graders may participate in this age group. Each town will decide for themselves if they use 2nd Graders in this group.

- The **Titan Division** shall be for Players in the 5th and 6th grade when school begins in the fall and is not yet 13 years old on September 1st. If a Player cannot qualify under the age limit they will be ineligible. No exceptions.
- Players ejected from a game will sit out (at a minimum) the next game. A second ejection by a player shall result in a one-year suspension.

CHEERLEADERS

- Cheerleaders shall be of the same age classification as the players they cheer for.
- Girls in 7th grade may cheer in Titan Division if they have no 7th grade program in school.
- An out of district cheerleader can be placed on an out of district squad only if that squad cannot be filled with cheerleaders in their own district.
- Cheerleaders will help the players in trash pickup on their side of the field after their game.
- Cheerleaders will comply with all rules and regulations as stated in the **MMYF** Official Rule Book.
- No stunts shall be built from any higher than the waist of the base. No stunts from the shoulders per insurance regulations.

SIGN-UPS

- Shall be handled by each Town as seen fit. Signups may not end before July 15th but may run until the Jamboree. Sign up in the Town you go to school.

ROSTERS

- A player cannot begin practice with a team until he is signed up on the team roster with all monies and paperwork turned in.... **NO EXCEPTIONS.**
- A roster of the team shall consist of not more than 30 players, not less than 11 players, one Head Coach, and not more than four Assistant Coaches.
- All out of district players shall be "high-lighted" on the roster.
- All rosters should be in order from oldest too youngest.
- An official roster must be typed and completed with all required information and turned into the Secretary, at the Jamboree.

REGISTRATION

- A registered player/cheerleader must be on a Roster of a Team that has paid the current League fee, which is to be set annually by the Board of Directors.

- A registered player/cheerleader must have parental permission. A written statement is needed stating that the child has his parent(s) permission to participate.
- All registered players/cheerleaders must have a medical certification of a physical examination signed by the examining physician that the player/cheerleader is physically fit and there are no observable conditions, which would indicate, he/she should not play football or cheer.
- A registered player must provide proof of age with a copy of a state issued birth certificate that must be turned into the League at the official weigh-in.

PARENTS

It is the parent that might be the most important element of our whole program. Parents of all players are urged to exhibit good sportsmanship and demonstrate positive support for players of both teams. Parents are encouraged to attend all games and to learn the rules of MMYF which are instructional youth football rules not college or NFL rules. Parents should encourage their favorite player not only with words of encouragement, but by helping to get players to and from practice and games on time. Parents should not heckle game officials or be abusive with their language. A penalty can be assessed against parents. All parents when signing up their children sign a 'Parents Code of Ethics' which is strictly enforced. Any parent ejected from a game will be suspended from the following game and can be banned from attending future MMYF events if need be.

ARTICLE IV

REQUIRED EQUIPMENT

PLAYERS IN ALL DIVISIONS, BEGINING WITH PHYSICAL CONTACT IN PRACTICE SESSIONS, SHALL WEAR THE FOLLOWING EQUIPMENT.

HELMETS - Only helmets bearing the N.O.C.S.A.E. seal of certification may be worn.

SHOULDER PADS – Only approved shoulder pads can be worn.

PANTS – with hip pads, thigh pads, tail pads, and kneepads must be worn.

OTHER EQUIPMENT that is required, but furnished by parents, includes:

MOUTHGUARD (Keeper strap required) **MUST BE COLORED**

ATHLECTIC SUPPORTER/COMPRESSION SHORTS

SHOES - No metal cleats are allowed.

ARTICLE V

PRACTICE

- Practices will begin after August 1st of each year on a league wide date selected by the Board of Directors.
- Contact practice may not begin until a Player has had five practices of two hours each practice for a total of ten hours of conditioning. NO PADS!!!
- Practices may be called for five two-hour sessions per week (seven days) before school starts. Then only three practices per week will be allowed, maximum two hours per practice. (Does not include break)

ARTICLE VI

PRE-SEASON / POST SEASON

- The football season will be scheduled to be 12 weeks. With one week of conditioning and three of practice then six regular season games and two weeks of playoffs.
- The Jamboree will be the last Saturday in August and the Championship games played the last Saturday of October whenever possible.

ARTICLE VII

ELIGIBILITY

- Players that play football in any other League during this 12-week season will be declared ineligible.
- Any player that falsifies records or information will be ineligible.
- Before any player may return from an injury where a doctor required the player to miss practice or a game the player must provide a “written release” from the same doctor, clinic, or doctor’s office.
- Any team using an ineligible player will be subject to forfeiting all games the player participated in.